



Performance Report for: <http://www.rf2m-consulting.com/>

Report generated: Sun, Dec 10, 2023 1:03 AM +0100 (via API)
 Test Server Location: London, UK
 Using: Chrome 117.0.0.0, Lighthouse 11.0.0
 Analysis options: Adblock Plus

B	Performance 80%	Structure 88%	L. Contentful Paint 1.8s	T. Blocking Time 133ms	C. Layout Shift 0
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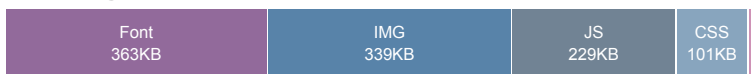
Top Issues

IMPACT	AUDIT	
Med-Low	Use a Content Delivery Network (CDN)	49 resources found
Med-Low	Avoid chaining critical requests <small>FCP LCP</small>	39 chains found
Med-Low	Avoid multiple page redirects <small>FCP LCP</small>	Potential savings of 653ms
Low	Avoid an excessive DOM size <small>TBT</small>	903 elements
Low	Allow back/forward cache restoration	1 failure reason

Page Details



Total Page Size - 1.03MB



Total Page Requests - 68



HTML JS CSS IMG Video Font Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

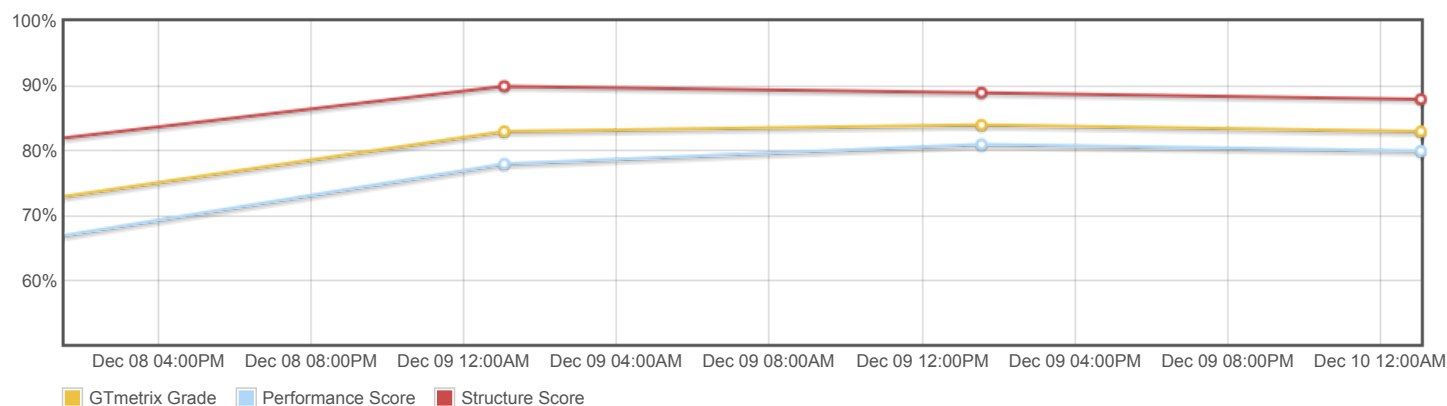
About GTmetrix

CARBON60
THE MANAGED CLOUD COMPANY

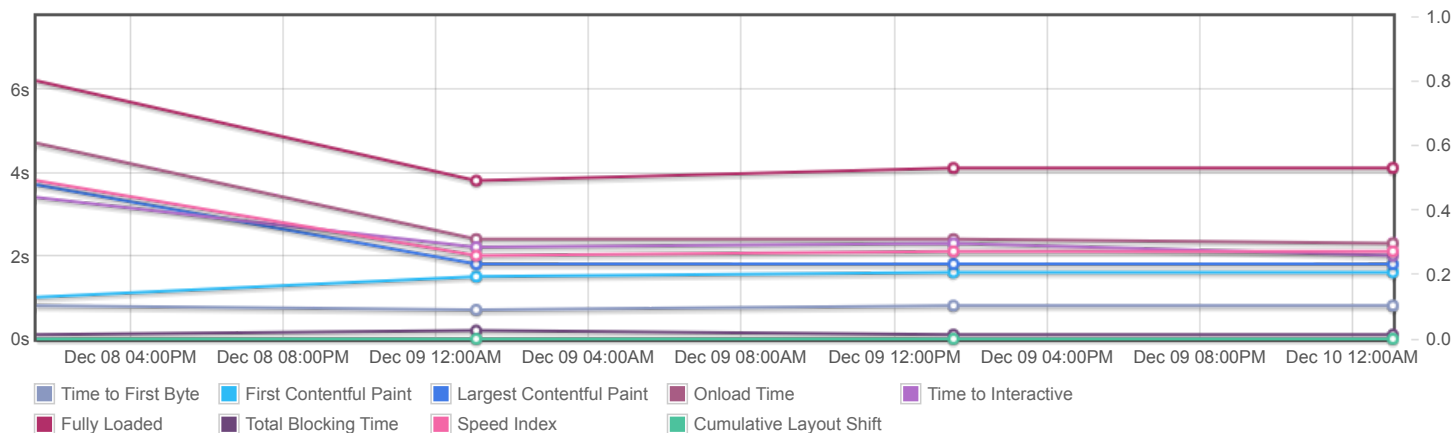
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 27 years experience in web technology.

<https://carbon60.com/>

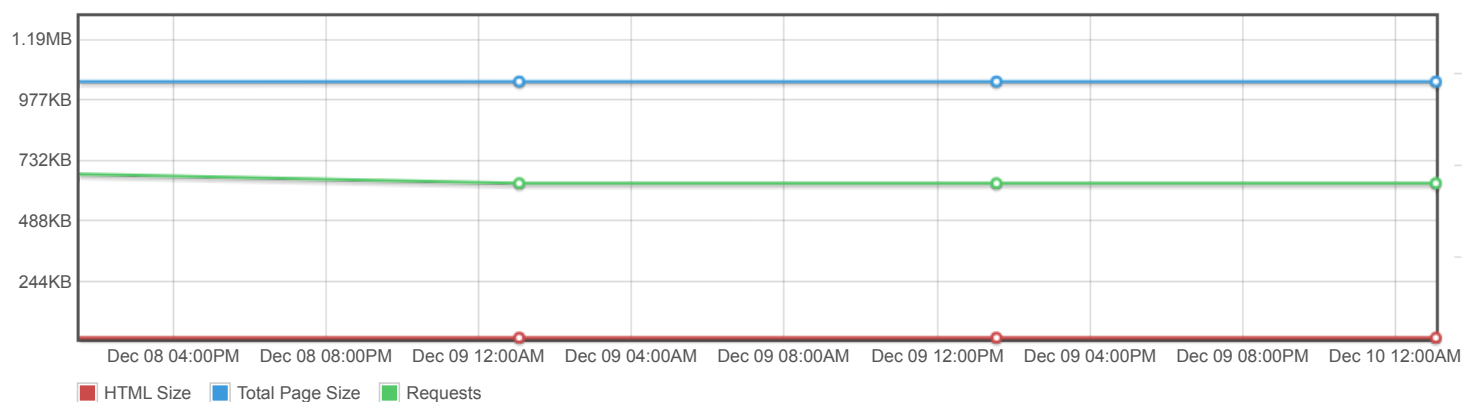
Page scores



Page metrics

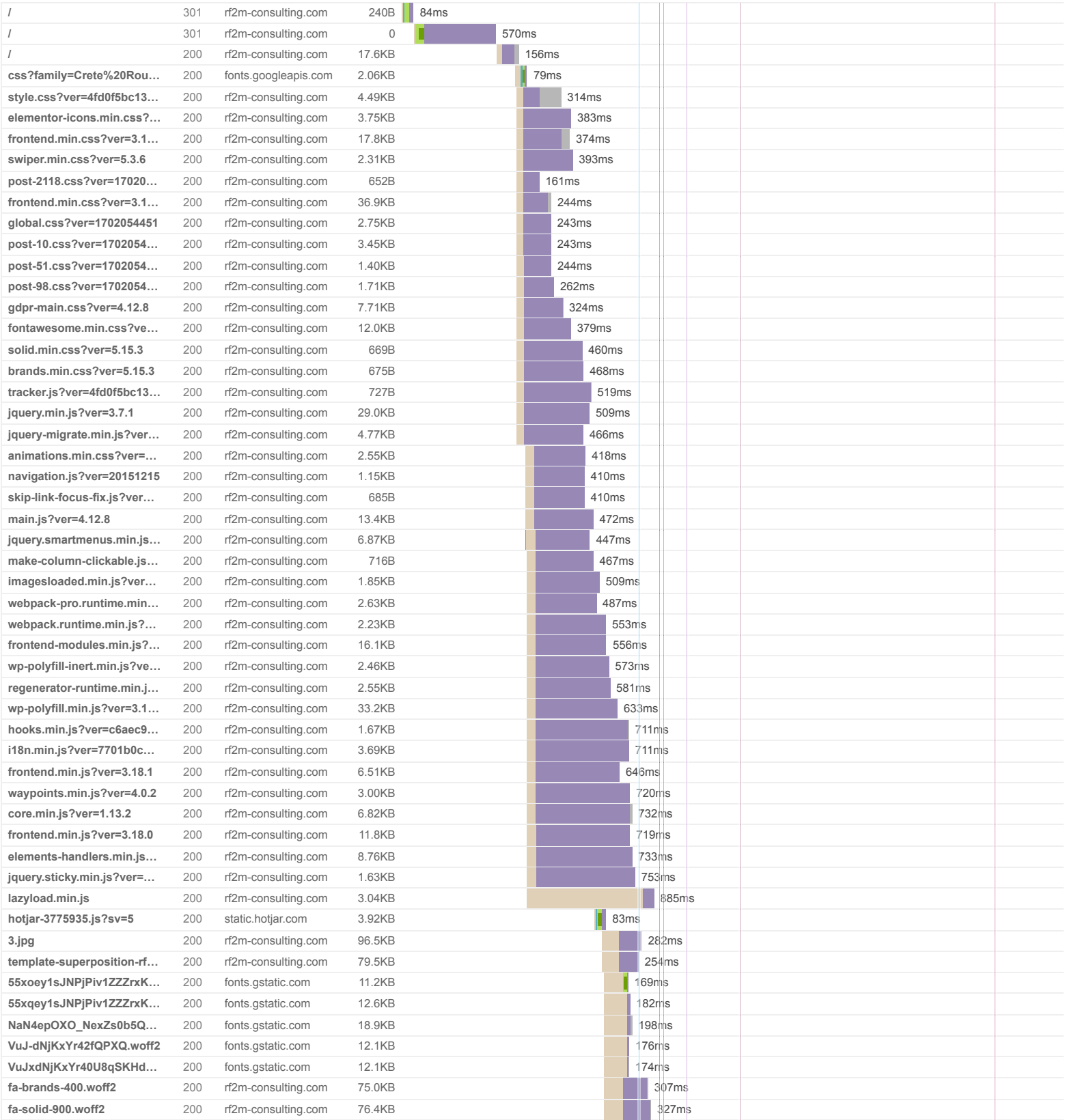


Page sizes and request counts

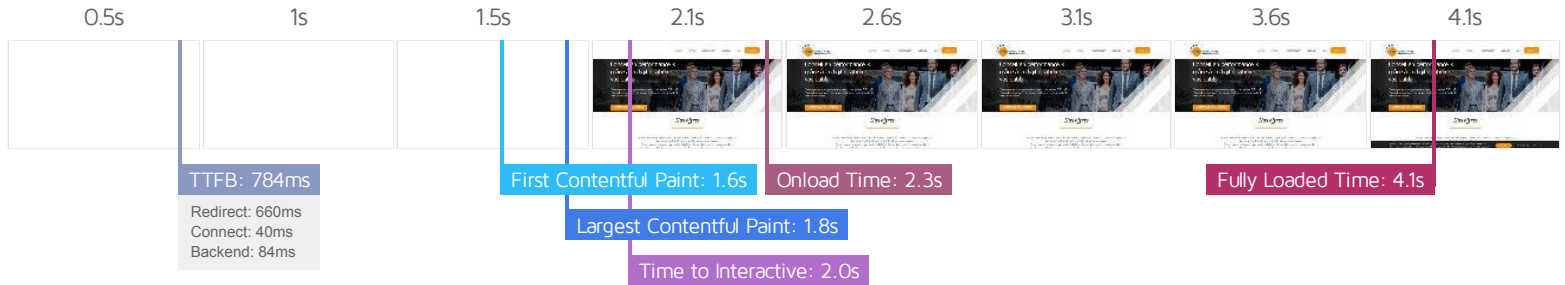


The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

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KFOmCnqEu92Fr1Mu4mx...	200	fonts.gstatic.com	15.4KB				168ms		
modules.0ef46a83101151...	200	script.hotjar.com	54.2KB				102ms		
POST ?gzip=1	200	content.hotjar.io	56B				72ms		
nav-menu.d43af66e5000f...	200	rf2m-consulting.com	1.73KB				40ms		
text-editor.2c35aafbe5bf0...	200	rf2m-consulting.com	818B				62ms		
load-more.064e7e640e7ef...	200	rf2m-consulting.com	1.65KB				41ms		
posts.caaf3e27e57db8207...	200	rf2m-consulting.com	1.36KB				59ms		
image-carousel.4455c636...	200	rf2m-consulting.com	432B				72ms		
cropped-logo-Transparen...	200	rf2m-consulting.com	157KB				101ms		
DECISION-MAKING.svg	200	rf2m-consulting.com	3.49KB				74ms		
USER-ANALYSIS.svg	200	rf2m-consulting.com	2.11KB				101ms		
eicons.woff2?5.25.0	200	rf2m-consulting.com	93.1KB				120ms		
cropped-Original-32x32.png	200	rf2m-consulting.com	800B				56ms		
nunito-v8-latin-700.woff2	200	rf2m-consulting.com	18.5KB						108ms
nunito-v8-latin-regular.wo...	200	rf2m-consulting.com	18.4KB						120ms
<div>68 Requests</div> <div>1.03MB (2.55MB Uncompressed)</div> <div>Fully Loaded 4.1s (Onload 2.3s)</div>									



Performance Metrics

First Contentful Paint How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.	Much longer than recommended 1.6s	Time to Interactive How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.	Good - Nothing to do here 2.0s
Speed Index How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.	Longer than recommended 2.1s	Total Blocking Time How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.	Good - Nothing to do here 133ms
Largest Contentful Paint How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.	Longer than recommended 1.8s	Cumulative Layout Shift How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.	Good - Nothing to do here 0

Browser Timings

Redirect	660ms	Connect	40ms	Backend	84ms
TTFB	784ms	First Paint	1.6s	DOM Int.	1.8s
DOM Loaded	1.8s	Onload	2.3s	Fully Loaded	4.1s

IMPACT	AUDIT	
Med-Low	Use a Content Delivery Network (CDN)	49 resources found
Med-Low	Avoid chaining critical requests <small>FCP LCP</small>	39 chains found
Med-Low	Avoid multiple page redirects <small>FCP LCP</small>	Potential savings of 653ms
Low	Avoid an excessive DOM size <small>TBT</small>	903 elements
Low	Allow back/forward cache restoration	1 failure reason
Low	Eliminate render-blocking resources <small>FCP LCP</small>	Potential savings of 42ms
Low	Ensure text remains visible during webfont load <small>FCP LCP</small>	1 font found
Low	Avoid long main-thread tasks <small>TBT</small>	3 long tasks found
Low	Reduce JavaScript execution time <small>TBT</small>	463ms spent executing JavaScript
Low	Avoid enormous network payloads <small>LCP</small>	Total size was 1.03MB
Low	Properly size images	Potential savings of 157KB
Low	Serve static assets with an efficient cache policy	Potential savings of 3.89KB
Low	Reduce unused CSS <small>FCP LCP</small>	Potential savings of 65.0KB
Low	Serve images in next-gen formats	Potential savings of 155KB
Low	Minify CSS <small>FCP LCP</small>	Potential savings of 2.31KB
Low	Minify JavaScript <small>FCP LCP</small>	Potential savings of 23.9KB
Low	Reduce unused JavaScript <small>LCP</small>	Potential savings of 24.6KB
N/A	Largest Contentful Paint element <small>LCP</small>	1,820 ms
N/A	Reduce initial server response time <small>FCP LCP</small>	Root document took 84ms
N/A	Avoid serving legacy JavaScript to modern browsers <small>TBT</small>	Potential savings of 17.2KB
N/A	Avoid large layout shifts <small>CLS</small>	4 elements found
N/A	Minimize main-thread work <small>TBT</small>	Main-thread busy for 1.3s
N/A	Reduce the impact of third-party code <small>TBT</small>	Third-party code blocked the main thread for 86ms

