



Performance Report for: http://hem-conseils.fr/

Report generated: Wed, Nov 29, 2023 1:36 PM +0100 (via API)
Test Server Location: London, UK
Using: Chrome 117.0.0.0, Lighthouse 11.0.0
Analysis options: Adblock Plus

	Performance 65%	Structure 86%	L. Contentful Paint 1.4s	T. Blocking Time 61ms	C. Layout Shift 0.78
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Top Issues

IMPACT	AUDIT	
Med	Avoid large layout shifts	5 elements found
Med	Serve static assets with an efficient cache policy	Potential savings of 1.38MB
Med-Low	Use a Content Delivery Network (CDN)	45 resources found
Med-Low	Avoid enormous network payloads	Total size was 3.20MB
Med-Low	Lazy load third-party resources with facades	1 facade alternative available

Page Details



Total Page Size - 3.36MB



Total Page Requests - 109



HTML JS CSS IMG Video Font Other

How does this affect me?

Today's web user expects a fast and seamless website experience. Delivering that fast experience can result in increased visits, conversions and overall happiness.

As if you didn't need more incentive, **Google has announced that they are using page speed in their ranking algorithm.**

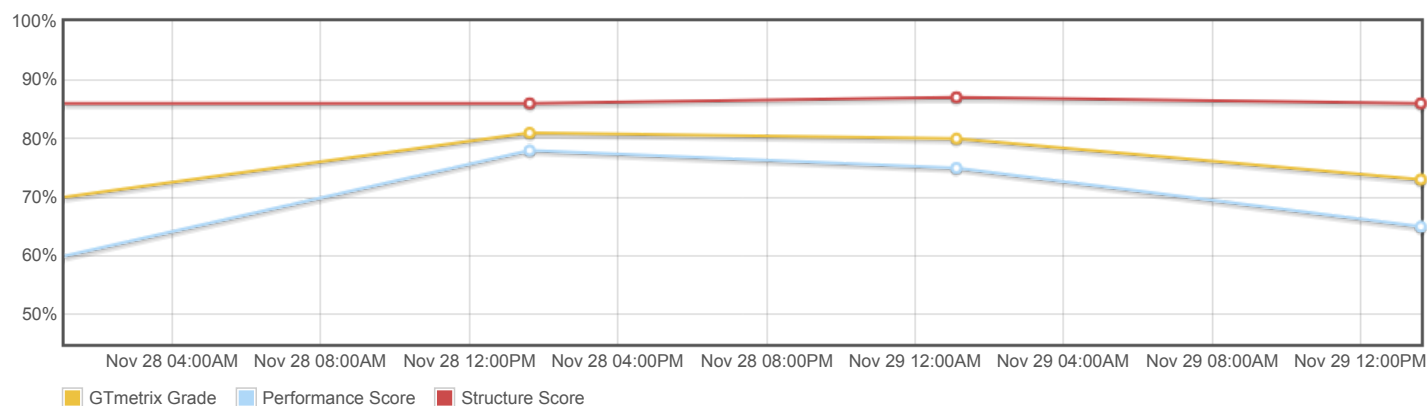
About GTmetrix

CARBON60
THE MANAGED CLOUD COMPANY

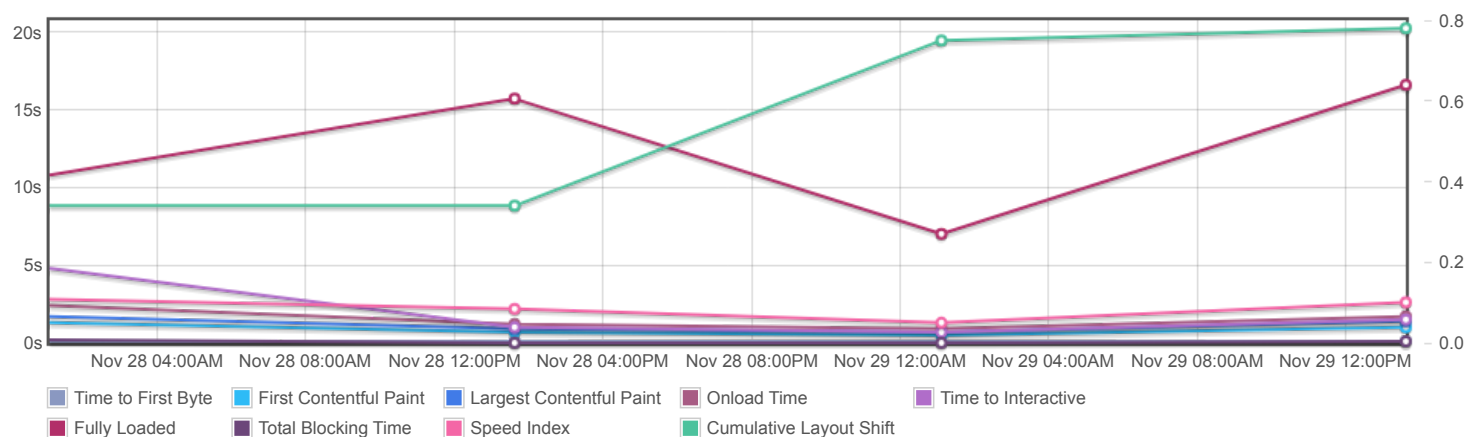
GTmetrix is developed by the good folks at **Carbon60**, a Canadian hosting company with over 27 years experience in web technology.

<https://carbon60.com/>

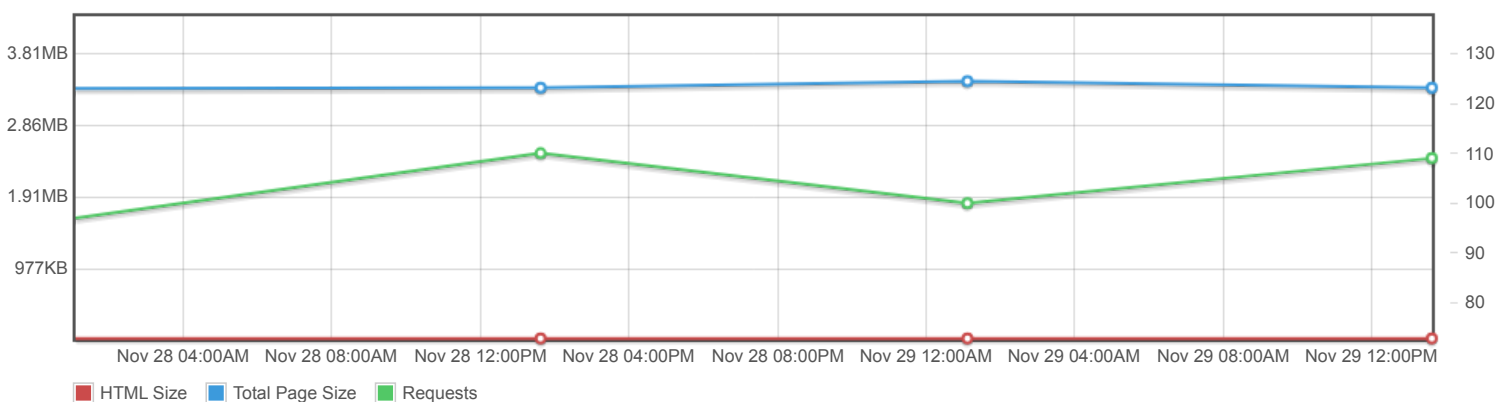
Page scores



Page metrics



Page sizes and request counts

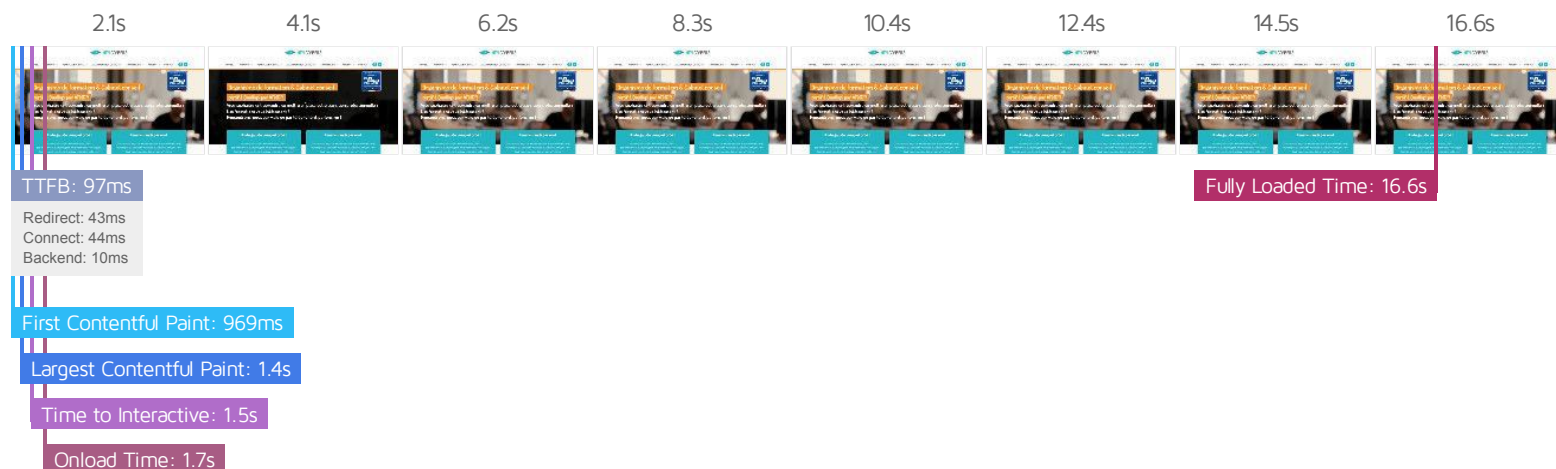


The waterfall chart displays the loading behaviour of your site in your selected browser. It can be used to discover simple issues such as 404's or more complex issues such as external resources blocking page rendering.

Organisme de formation certifié & Cabinet conseil - HEM Conseils

/	301	hem-conseils.fr	0	37ms	
/	200	hem-conseils.fr	25.5KB	69ms	
style.min.css?ver=3.9.2	200	hem-conseils.fr	11.5KB	122ms	
css?family=Dosis%3A700...	200	fonts.googleapis.com	1.01KB	266ms	
menu-animation.min.css?...	200	hem-conseils.fr	379B	126ms	
style.min.css?ver=6.4.1	200	hem-conseils.fr	14.2KB	118ms	
styles.css?ver=5.6.3	200	hem-conseils.fr	972B	117ms	
contact-form-7-main.min....	200	hem-conseils.fr	424B	117ms	
wpcf7-redirect-frontend....	200	hem-conseils.fr	124B	158ms	
style.css?ver=2.1	200	hem-conseils.fr	189B	157ms	
elementor-icons.min.css?...	200	hem-conseils.fr	3.87KB	167ms	
frontend-legacy.min.css?...	200	hem-conseils.fr	855B	158ms	
frontend.min.css?ver=3.7.7	200	hem-conseils.fr	19.7KB	228ms	
post-30.css?ver=1664357...	200	hem-conseils.fr	356B	164ms	
global.css?ver=1664357943	200	hem-conseils.fr	834B	163ms	
post-51.css?ver=1664358...	200	hem-conseils.fr	4.09KB	225ms	
css?family=Roboto%3A1...	200	fonts.googleapis.com	1.99KB	255ms	
fontawesome.min.css?ve...	200	hem-conseils.fr	12.3KB	166ms	
solid.min.css?ver=5.15.3	200	hem-conseils.fr	309B	164ms	
jquery.min.js?ver=3.7.1	200	hem-conseils.fr	29.7KB	225ms	
jquery-migrate.min.js?ver...	200	hem-conseils.fr	4.76KB	225ms	
js?id=UA-203614064-1	200	googletagmanager.c...	67.0KB	613ms	
cropped-HEM-CONSEILS-...	200	hem-conseils.fr	10.0KB	593ms	
offre-eligible-cpf-150x150....	200	hem-conseils.fr	17.9KB	578ms	
logo-pole-emploi-site-300...	200	hem-conseils.fr	4.81KB	581ms	
logo-defense-mobilite-sit...	200	hem-conseils.fr	5.61KB	571ms	
astra-widget-social-profil...	200	hem-conseils.fr	402B	422ms	
animations.min.css?ver=...	200	hem-conseils.fr	2.53KB	422ms	
style.min.js?ver=3.9.2	200	hem-conseils.fr	2.68KB	500ms	
index.js?ver=5.6.3	200	hem-conseils.fr	2.85KB	439ms	
index.js?ver=5.6.3	200	hem-conseils.fr	3.84KB	502ms	
wpcf7r-fe.js?ver=1.1	200	hem-conseils.fr	1.58KB	490ms	
jquery-numerator.min.js?...	200	hem-conseils.fr	740B	498ms	
webpack.runtime.min.js?...	200	hem-conseils.fr	2.14KB	501ms	
frontend-modules.min.js?...	200	hem-conseils.fr	10.5KB	504ms	
waypoints.min.js?ver=4.0.2	200	hem-conseils.fr	2.92KB	502ms	
core.min.js?ver=1.13.2	200	hem-conseils.fr	6.93KB	503ms	
swiper.min.js?ver=5.3.6	200	hem-conseils.fr	34.7KB	533ms	
share-link.min.js?ver=3.7.7	200	hem-conseils.fr	1.11KB	493ms	
dialog.min.js?ver=4.9.0	200	hem-conseils.fr	3.37KB	540ms	
frontend.min.js?ver=3.7.7	200	hem-conseils.fr	11.8KB	541ms	
preloaded-modules.min.j...	200	hem-conseils.fr	12.8KB	544ms	
fbevents.js	(blocked)	connect.facebook.net	0	518ms	
gtm.js?id=GTM-PSLD4JV	200	googletagmanager.c...	43.3KB	173ms	
hem-conseils-scaled.jpg	200	hem-conseils.fr	169KB	106ms	
formation-distanciel-2.jpg	200	hem-conseils.fr	140KB	126ms	
formation-financement-2.j...	200	hem-conseils.fr	88.2KB	94ms	
accueil-formation-conseil...	200	hem-conseils.fr	173KB	138ms	
accueil-formation-creatio...	200	hem-conseils.fr	163KB	86ms	
organisme-certifite-qualio...	200	hem-conseils.fr	232KB	187ms	
HhyaU5sn9vOmLzIoC_U....	200	fonts.gstatic.com	29.5KB	307ms	
astra.woff	200	hem-conseils.fr	3.23KB	262ms	
jizaRExUiTo99u79D0KEx...	200	fonts.gstatic.com	44.2KB	302ms	

jizfRExUiTo99u79B_mh0...	200	fonts.gstatic.com	45.9KB	310ms	
jizdRExUiTo99u79D0e8fO...	200	fonts.gstatic.com	32.2KB	309ms	
fa-solid-900.woff2	200	hem-conseils.fr	76.4KB	396ms	
jizYRExUiTo99u79D0e0x8...	200	fonts.gstatic.com	41.5KB	177ms	
js?id=G-T5MLE2VN23&I=...	200	googletagmanager.c...	83.2KB	30ms	
js?id=G-XWF8B97101&I=...	200	googletagmanager.c...	79.2KB	50ms	
analytics.js	200	google-analytics.com	20.5KB	57ms	
wp-emoji-release.min.js?...	200	hem-conseils.fr	4.92KB	43ms	
iframe_api	200	youtube.com	2.07KB	59ms	
www-widgetapi.js	200	youtube.com	66.7KB	15ms	
openbridge_plugin.js	200	hem-conseils.fr	57.0KB	48ms	
i2vqm7uheguxkscquc0cp...	(canceled)	code.tidio.co	0	110ms	
cropped-logo-site-01-32x...	200	hem-conseils.fr	861B	30ms	
8w6g2vVHtOA?controls=...	200	youtube.com	38.4KB	154ms	
www-player.css	200	youtube.com	47.7KB	53ms	
embed.js	200	youtube.com	17.4KB	29ms	
www-embed-player.js	200	youtube.com	96.2KB	68ms	
base.js	200	youtube.com	764KB	142ms	
KFOmCnqEu92Fr1Mu4mx...	200	fonts.gstatic.com	15.0KB	154ms	
KFOICnqEu92Fr1MmEU9f...	200	fonts.gstatic.com	15.2KB	153ms	
id	(blocked)	googleads.g.doublec...	0	35ms	
ad_status.js	(blocked)	static.doubleclick.net	0	162ms	
POST Create	200	jnn-pa.googleapis.com	31.9KB	69ms	
OPTIONS Create	200	jnn-pa.googleapis.com	0	43ms	
IYY52XqRUIH64Wh-f-QMz...	200	google.com	14.8KB	53ms	
maxresdefault.jpg?sqp=...	200	i.ytimg.com	44.2KB	158ms	
vHqvwDrfqKetdNegMtLq...	200	yt3.ggpht.com	4.52KB	194ms	
POST cspreport	(incomplete)	youtube.com	0		>13.5s
POST GenerateIT	200	jnn-pa.googleapis.com	134B	37ms	
OPTIONS GenerateIT	200	jnn-pa.googleapis.com	0	14ms	
POST cspreport	(incomplete)	youtube.com	0		>13.4s
generate_204?enCdLQ	204	youtube.com	0	27ms	
POST player?key=AlzaSy...	200	youtube.com	25.9KB	126ms	
POST qoe?fmt=134&cpn=...	204	youtube.com	0	27ms	
POST videoplayback?exp...	200	rr1---sn-aigzrnsr.goo...	3.52KB	49ms	
POST videoplayback?exp...	200	rr1---sn-aigzrnsr.goo...	12.6KB	60ms	
endscreen.js	200	youtube.com	8.17KB	20ms	
POST next?key=AlzaSyA...	200	youtube.com	2.22KB	283ms	
POST videoplayback?exp...	200	rr5---sn-5hne6nzs.go...	130KB	113ms	
POST videoplayback?exp...	200	rr5---sn-5hne6nzs.go...	128KB	50ms	
POST log_event?alt=json...	200	youtube.com	54B	65ms	
POST videoplayback?exp...	200	rr1---sn-aigzrnsr.goo...	2.49KB	30ms	
POST videoplayback?exp...	200	rr5---sn-5hne6nzs.go...	23.7KB	43ms	
vHqvwDrfqKetdNegMtLq...	200	yt3.ggpht.com	5.81KB	46ms	
POST videoplayback?exp...	200	rr5---sn-5hne6nzs.go...	1.78KB	39ms	
playback?ns=yt&el=embe...	204	youtube.com	0	46ms	
ptracking?html5=1&video...	204	youtube.com	0	27ms	
POST videoplayback?exp...	200	rr5---sn-5hne6nzs.go...	64.4KB	30ms	
POST log_event?alt=json...	200	youtube.com	54B	42ms	
POST atr?ns=yt&el=embe...	204	youtube.com	0	85ms	
watchtime?ns=yt&el=emb...	204	youtube.com	0	20ms	
POST videoplayback?exp...	200	rr1---sn-aigzrnsr.goo...	2.49KB	34ms	
POST videoplayback?exp...	200	rr5---sn-5hne6nzs.go...	1.78KB	77ms	
POST qoe?fmt=134&afmt...	204	youtube.com	0	33ms	
watchtime?ns=yt&el=emb...	204	youtube.com	0		75ms
POST qoe?fmt=134&afmt...	204	youtube.com	0		74ms
109 Requests 3.36MB (10.9MB Uncompressed) Fully Loaded 16.6s (Onload 1.7s)					



Performance Metrics

First Contentful Paint How quickly content like text or images are painted onto your page. A good user experience is 0.9s or less.	OK, but consider improvement 968ms	Time to Interactive How long it takes for your page to become fully interactive. A good user experience is 2.5s or less.	Good - Nothing to do here 1.5s
Speed Index How quickly the contents of your page are visibly populated. A good user experience is 1.3s or less.	Much longer than recommended 2.6s	Total Blocking Time How much time is blocked by scripts during your page loading process. A good user experience is 150ms or less.	Good - Nothing to do here 61ms
Largest Contentful Paint How long it takes for the largest element of content (e.g. a hero image) to be painted on your page. A good user experience is 1.2s or less.	OK, but consider improvement 1.4s	Cumulative Layout Shift How much your page's layout shifts as it loads. A good user experience is a score of 0.1 or less.	Much more than recommended 0.78

Browser Timings

Redirect	43ms	Connect	44ms	Backend	10ms
TTFB	97ms	First Paint	969ms	DOM Int.	1.4s
DOM Loaded	1.4s	Onload	1.7s	Fully Loaded	16.6s

IMPACT	AUDIT	
Med	Avoid large layout shifts <small>CLS</small>	5 elements found
Med	Serve static assets with an efficient cache policy	Potential savings of 1.38MB
Med-Low	Use a Content Delivery Network (CDN)	45 resources found
Med-Low	Avoid enormous network payloads <small>LCP</small>	Total size was 3.20MB
Med-Low	Lazy load third-party resources with facades <small>TBT</small>	1 facade alternative available
Low	Allow back/forward cache restoration	1 failure reason
Low	Avoid an excessive DOM size <small>TBT</small>	872 elements
Low	Eliminate render-blocking resources <small>FCP</small> <small>LCP</small>	Potential savings of 40ms
Low	Ensure text remains visible during webfont load <small>FCP</small> <small>LCP</small>	5 fonts found
Low	Avoid long main-thread tasks <small>TBT</small>	8 long tasks found
Low	Reduce JavaScript execution time <small>TBT</small>	557ms spent executing JavaScript
Low	Avoid multiple page redirects <small>FCP</small> <small>LCP</small>	Potential savings of 37ms
Low	Reduce unused CSS <small>FCP</small> <small>LCP</small>	Potential savings of 56.2KB
Low	Serve images in next-gen formats	Potential savings of 355KB
Low	Defer offscreen images	Potential savings of 406KB
Low	Minify JavaScript <small>FCP</small> <small>LCP</small>	Potential savings of 12.0KB
Low	Avoid chaining critical requests <small>FCP</small> <small>LCP</small>	39 chains found
Low	Reduce unused JavaScript <small>LCP</small>	Potential savings of 240KB
N/A	Largest Contentful Paint element <small>LCP</small>	1,400 ms
N/A	Reduce initial server response time <small>FCP</small> <small>LCP</small>	Root document took 9ms
N/A	Avoid serving legacy JavaScript to modern browsers <small>TBT</small>	Potential savings of 24.0KB
N/A	Minimize main-thread work <small>TBT</small>	Main-thread busy for 1.9s
N/A	Reduce the impact of third-party code <small>TBT</small>	Total size was 1.84MB

